



Adult Intake & Consent Form

At our office, it's important for our clients to be aware of our policies and procedures before consenting for assessment or treatment. It's important to note that all participation at the clinic is voluntary. Clients can withdraw from services at any time during treatment. Please take some time to thoroughly read over our policies and please ask your clinician if you have any questions prior to signing the agreement.

Date: _____

Client Name: _____

Date of Birth: _____ Age: _____

NS Health Card #: _____ Expiry: _____

Address: _____

City: _____ Postal Code: _____

Phone # (Home): _____ Alternate #: _____

Cell #: _____ Work #: _____

Emergency Contact Name & Number: _____

Can a personal voicemail be left on your phone(s)? Yes No If yes, which number? _____

Email Address: _____

Please indicate below if you would like to receive appointment reminders, and if so, by which method:

Email Phone Any Method I prefer not to be contacted for reminders

Would you like relevant health and wellness information emailed to you periodically? Yes No

How did you hear about our clinic?: _____

If referred, would you like our office to let this person know you attended our practice? Yes No



Confidentiality:

Limits of Confidentiality:

Your identifying information along with any information that is accumulated through assessment and or treatment is confidential. There are, however, legal limits to confidentiality. Please review the following:

- 1. If you are deemed to be a high risk of hurting yourself or someone else, confidentiality must be broken in order to protect yourself or others.**
- 2. If children are in your possession and its thought that they are currently being physically, emotionally or sexually abused, then confidentiality will be broken in order to protect the child.**
- 3. If in the case that a Judge orders information from your file, confidentiality must be broken.**
- 4. In the case that you fail to pay any outstanding payment agreement in a timely manner, your account will be turned over to a collections agency and you will be responsible for payment of services and any amounts incurred by the collections agency.**

Confidentiality between Couples in Counseling: At times when working with couples, couples are asked to attend an individual session to accumulate their individual background information. If an individual discloses something to the therapist that they don't want their spouse to know, it will be kept in confidence if it doesn't pertain to the relationship. If the information does pertain to the relationship then the individual would be encouraged to disclose that information in a joint session.

Collaboration:

A multi-disciplinary team of professionals working collaboratively can provide you with a holistic approach to your health. Your clinician may ask if you would consent to have them correspond with additional members of your health team. Please be aware that this service is on a voluntary basis and you have the right to choose whom your clinician does or doesn't correspond with.

In order to take a holistic approach to your health, it's often helpful to correspond with your Family Physician. Please indicate below who your family physician is and whether or not you consent to allowing me to correspond with them regarding your health. Please keep in mind that consent to correspond is voluntary and is not a requirement for access to service.

Family Physician : _____

___ *Yes*, I consent to allow you to correspond with my Family Physician regarding my treatment at your facility.

___ *No*, I do not wish for you to correspond with my Family Physician regarding my treatment at your facility.



A Psychologist (**Candidate Register**) is a Psychologist who has fulfilled their degree requirements, graduated but hasn't yet fulfilled the requirement created by the Nova Scotia Board of Examiners in Psychology to become fully registered. In order to be on the Candidate Registry, a Psychologist must meet monthly with their supervisor to review current research, ethical guidelines, procedures to ensure best practice and have the opportunity to have their work reviewed and critiqued.

Payment and Cancellation Policy:

Bird & Associates Psychological Services is a private practice and is not funded by MSI. We are happy to provide some of our clients with direct billing; however, it's important to check your insurance coverage to determine if your policy covers psychological services. It's also very important for you to track the amount remaining on your coverage, as you will be responsible to pay any outstanding balance(s) that your insurance does not cover.

The fees at Bird & Associates Psychological Services are \$190 an hour for Psychologist, \$160 for a Clinical Therapist for individual therapy and \$200 an hour for couples and family counseling. If an assessment is warranted, your clinician will provide you with a quote at the end of the first appointment. **In order to cancel an appointment without incurring a cancellation fee, we do require 24 hours' notice.** If an appointment is missed without sufficient notice given, a cancellation fee of \$125.00 will be invoiced to you.

In the case that you fail to pay any outstanding payment agreement in a timely manner, your account will be turned over to a collection's agency and you will be responsible for payment of services and any amounts incurred by the collections agency.

***I, _____, have read the above agreement and I've had the opportunity to ask any questions related to consent for assessment and/or treatment. I am aware that access to psychological services is voluntary and at any time if deemed necessary I can withdraw consent to services.**

Name

Signature

Date